

CE Outline

Overview of the Training	
Title of Presentation A Dose of Healthcare Humor	This program is designed to serve as a tool for stress reduction in the healthcare workplace. By examining the humor that can be extrapolated from even the most stressful work-related scenarios, the attendees will learn how to “look for the humor” when faced with these situations.
Instructor Name(s)	David Glickman
Length Of CE awarded	60-minute presentation

Training Data Chart			
Objective	Content Outline	Teaching Methods	Evaluation Methods
Attendee will learn how to: <ol style="list-style-type: none"> 1. Find the humor in stressful work situations. 2. Use the humor to change the approach to these situations. 3. Achieve a much greater sense of “Work-Laugh Balance.” 	<ol style="list-style-type: none"> A. Observation of stressful situation B. Instant analysis of stressful situation C. Analysis of humorous responses or reactions to stressful situation D. Implementation of humorous response to stressful situation E. Strategize how to repeat the humorous response or reaction on future similar situations, without having to repeat the first four steps 	Lecture, with a wide variety of tools, including everything from demonstrative props to sing-along memory builders.	Written evaluation